

Bridget Britton, MSW LSW

7993 Church Rd Newcomerstown, OH 43832
bridget.a.britton@gmail.com
937-205-6701

Summary

Masters-level, licensed social worker with over six years' experience working with adults and youth in diverse clinical environments. An additional four years' experience teaching mental health education and a variety of topics that enhance an individual or family's life to non-traditional audiences. Passionate advocate for at-risk populations, with a strong desire to return to an academic setting to educate the next generation of social workers.

Education

Azusa Pacific University

2012-2013

Master of Social Work, Advanced Standing Program
GPA: 3.9
Accredited by the Council on Social Work Education
-Clinical Concentration
-Phi Alpha Honor Society

Mount Vernon Nazarene University

2006-2010

Bachelor of Social Work
GPA: 3.45
Accredited by the Council on Social Work Education
-Served as a Freshman small group leader, providing mentoring to new students.
-Senior class publicity director.
-Volunteered with "Renewal", a creation care group.
-Conducted an evidenced-based research study looking at the overall quality of adjunct professors at Mount Vernon Nazarene University.
-Dean's List from 2008-2010

Professional Experience

OSU Extension Behavioral Health Field Specialist

March 2021-Present

OSU Extension Agricultural and Natural Resources State Specialist
-Currently leads the Farm and Ranch Stress Assistance Network grant team
-Provides and facilitates mental health trainings to OSU employees and community members
-Developing new curriculum on farm stress to facilitate to communities and farmers
-Researching farm stress information for new OSU publications and materials
-Maintains media inquires and development of website materials

SNAP-ED Program Assistant

April 2016-September 2017

Family Consumer Sciences Educator

September 2017-March 2021

OSU Carroll County Extension office Carrollton, OH

-Taught children and adults about healthy eating, food shopping, and food resource management
-Collaborated with community partners to establish the SNAP-ED program and set up teaching locations
-Worked to inspire people to make small healthy lifestyle changes throughout the classes
-Utilized health and nutrition curriculum to teach courses and supplementing additional information
-Educated adults as FCS Educator in the community on a variety of topics: parenting, budgeting, mental health, diversity equity and inclusion, and mindfulness, among other subjects
-Taught youth subjects surrounding; bullying prevention, prescription drug misuse, nutrition, and healthy relationships among other topics
-Sat on state and community task forces to meet the needs of clients and fellow staff
-Self-motivated to create evidence-based curriculum
-Completed necessary documentation surrounding lesson details in a timely manner
-Tracked a budget, supply requests, and mileage each month

Assistant Network Coordinator

September 2014-April 2016

The Village Network- Uhrichsville, OH

- Supervised foster homes including: recruiting, evaluating, and disciplining
- Completed adoption home studies and recertification of current foster homes
- Provided individual, group, and family counseling
- Developed and implemented treatment plans for clients
- Collaborated with local government and community agencies
- Implemented an organizational system to track necessary paperwork for foster parents, children, and outpatient adults
- Facilitated treatment team and foster parent advocate meetings
- Trained adults on rules and regulations of programs
- Assisted with coordinating fundraising events

Life Skills Instructor (Case Manager)

August 2010-June 2012

Aspire Indiana- Anderson, Indiana

- Worked directly with adult mental health clients in an outpatient setting, training and modeling skills needed for independent daily living.
- Completed documentation using the records system MedinfoMatix
- Practiced crisis management with consumers
- Maintained current documentation in accordance to Medicaid standards
- Attended meetings and trainings to further skills and depth of knowledge.
- Linked clients to government funded resources and programs: health insurance, food stamps, low-income housing, Social Security, and unemployment benefits

Social Work Internship Experience

Serenity Infant Care Homes, Inc., Covina, CA

August 2012- May 2013

- Managed foster family cases
- Completed documentation in a timely manner
- Monitor birth family visitation
- Created, implemented, and co-lead a support group for birth families twice a month
- Attended Team Decision Meetings, Multiple Assessment Team meetings, and court hearings to advocate for clients' needs
- Completed quarterly report, created treatment plans, and termination reports for each client
- Completed recertifications for foster families
- Educated about S.A.F.E. training
- Finished Capstone Project and poster presentation by creating peer mentor program

Curriculum Written

Rethink Your Drink Lesson

- Written in 2018 and Peer Reviewed in 2020
- Community and school based one-time lesson or combined within a nutrition series
- Teaching youth and the adults the importance of knowing how much sugar is in their drink
- Desired outcome is for the participants to decrease their sugary beverage intake

Bullying Prevention Program

- Currently in progress with a team of two other members at OSU Extension
- School-based 4 lesson series
- Educating elementary youth on various bullying topics
- Why people bully, how it makes others feel when being bullied, how to be a support

Awards

- 2nd Place National Award winner at NAEFCS 2019 for Matter of Balance a Senior Citizen Fall Prevention 6-week course
- 1st Place Creative Works Award for 2020 Ohio State Annual Extension Conference Live Healthy Live Well Facebook daily posts
- 1st Place Creative Works Award Blog Category for 2020 Ohio State Annual Extension Conference Live Healthy Live Well blog posts
- 1st Place Regional Award Excellence in Teamwork Category “Trauma Informed Approaches Train the Trainer” NAEFCS 2021
- 2nd Place Regional Award in Communications Television and Video Award “Healthy Aging Telecast” NAEFCS 2021
- 2nd Place Regional Award in Marketing Package “Take a Break Wellness Email Challenge” NAEFCS 2021

Presentations

- 2018. Britton, Bridget. “Adapting Financial Education to Limited Resource Populations.” National Extension Association of Family and Consumer Sciences Annual Conference, San Antonio, TX
- 20213. Britton, Bridget. “A Safe Place: A Co-Led Peer Mentoring Program.” Poster Presentation Azusa Pacific University Master’s program Azusa, CA.

Grants

- Received the Ohio Children’s Trust Fund Eastern Region grant for a three-part Active Parenting Series January 2021-June 2022.
- Grant manager for Farm and Ranch Stress Assistance Network grant which is a 12 state collaborative grant. My current position with OSU Extension is funded by this grant.

Other Activities

- Co-Author: Britton B, Harmon, M. **Fact Sheet on Aging Resources.** *Fitness Over Fifty.* 2020
- Reoccurring writer for evidenced-based, peer-reviewed OSU Extension Live Healthy Live Well Blog

Affiliations

- National Association of Social Workers (NASW)
- National Association Extension Family Consumer Sciences (NAEFCS)
- Joint Council Extension Professionals (JCEP)
- Tuscarawas County YMCA Board of Directors position

Licensure & Training

- Licensed Social Worker, Clinical Exam through the Association of Social Work Board of Ohio
- Licensed Foster Care/Adoption Home-Study Assessor
- Motivational Interviewing
- Cognitive Behavioral Therapy
- Trauma-Focused Cognitive Behavioral Therapy
- Serve Safe Level 2 Trainer
- Real Colors Facilitator
- Trauma 101 Trainer
- Youth Mental Health First Aid Trainer
- Active Parenting Birth-5 years old Trainer
- QPR Trainer (Question Persuade Refer) suicide prevention training

Skills

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| Collaboration | Group facilitation | Word |
| Program management | Coordinated trainings | PowerPoint |
| Research experience | CPR Certified | Excel |
| Fundraising | First Aid Certified | Microsoft Teams |
| Skype for business | Microsoft Outlook | Video shooting and editing |
| Podcasting experience | Blog writing | QPR Trained |